

Route 5

Coast to Coast Trail (5.26m to the Wheal Busy Loop of 4m then 5.26m return. Round trip 14.52m)

Difficulty: Intermediate/ Experienced

Terrain: Some narrow stretches of trail/ track with rocky sections and several ascents/ descents not suitable for tag-a-longs/buggies or kid's bikes.



This route is ideal for intermediate or experienced mountain bike riders as the main trail covers some quite bumpy, rocky sections. At certain points along the way there are other trails for the more adventurous rider to venture off on providing plenty of rocky sections where good confident bike handling is essential.

Route 6

Gwel an Mor to Hayle
(9.2m there / 18.4m round trip)

Difficulty: Intermediate/ Experienced

Terrain: This route is all on-road with a rolling terrain and a couple of slightly steeper hills. A portion of the route also takes you along the main road through Hayle where you will need to be confident riding safely in traffic

This on-road route is ideal for use with either the hybrid or comfort bikes available to hire from our bike fleet.



Cycling Routes

1. **Tehidy Country Park**
2. **The Coast to Coast Trail**
(12.94m there / 25.88 round trip)
3. **Portreath Branchline From Gwel an Mor** (3.8m there / 7.6m round trip)
4. **The Great Flat Lode Trail**
(7.5m there / 15m round trip)
5. **Coast to Coast Trail** (5.26m to the Wheal Busy Loop of 4m then 5.26m return. Round trip 14.52m)
6. **Gwel an Mor to Hayle**
(9.2m there / 18.4m round trip)

For Route Directions please ask at reception or call 01209 842 354

email: enquiries@gwelanmor.com

Gwel an Mor Luxury Resort
Feadon Lane, Portreath, Cornwall TR16 4PE



Cycling

From Gwel an Mor



Gwel an Mor

5 Star Resort Portreath Cornwall



Route 1

Tehidy Country Park

Difficulty: Beginner

Terrain: Mostly Flat woodland trails & Footpaths

This ride is suitable for all levels of cyclist and ideal for use with any of the bikes in our hire fleet as well as the tag-a-longs and bumper.



For all cyclists Tehidy Country Park really is a wide and varied playground where you can spend as little or as long as you like exploring different off-road routes. Enjoy the amazing woodland environment, feed the ducks and swans on the lake, relax at the cafe, picnic in the woods or tick off another part of the Mineral Tramways Trail from your list of holiday 'things to do'.

Route 2

The Coast to Coast Trial (12.94m there / 25.88m round trip)

Difficulty: Beginner

Terrain: Most of the trail is flat and whilst there are a few on-road sections and road crossings the majority of the trail is off-road on man-made trails with both tarmac and smooth gravel sections, making it perfect for all the family to ride.

This route can be ridden using any of the bikes from our hire fleet, including the bumper trailers and tag-a-long bikes.



Route 3

Portreath Branchline From Gwel an Mor (3.8m there / 7.6m round trip)

Difficulty: Intermediate/ Experienced

Terrain: Several sections of on-road cycling where great care should be taken and users need to have a good grasp of the Highway Code.

Bike hire From Gwel an Mor

Gwel an Mor has a great range of bikes to hire, including mountain bikes, children's cycles and trailers and tag-a-longs. Simply call us on 01209 842354 (or dial 0 from your lodge) to reserve or pop into reception to hire.

The Branchline trail links the coastal area of Portreath to the old mining village of Brea, with the trail following the route the trains would have travelled. The Branchline opened in 1838 as part of the Hayle Railway with its terminus at Portreath where the ore laden trucks were unloaded to waiting ships in exchange for coal and machinery which was sent inland for use in the mines. The Branchline also carried passengers for a period of time, starting in 1843 up until its closure in 1932.

This route links in perfectly with the start point of route 4 taking you onto the Great Flat Lode if you wish to extend your ride.



Route 4

The Great Flat Lode Trail (7.5m there / 15m round trip)

Difficulty: Intermediate/ Experienced

Terrain: The terrain and quality of this trail varies greatly, with sections of tarmac off and on-road, rocky, stony off-road trails and bridleways. There are also several steep descents and ascents where you will need to be a confident bike handler. Only small portions of this trail are suitable for tag-a-longs or buggies.



In the 1860s when many of the copper mines were closing a 'lode' of tin ore was discovered in the South of Carn Brea, in an area previously working copper deposits. The 'lode' was almost 2 miles long and flatter than most, lying at 30 degrees to the horizontal as opposed to the usual 70 degrees, hence the name 'The Great Flat Lode.' The tin mines that worked the 'lode' were some of the most successful in the 19th century, producing over 90,000 tonnes of tin concentrate until they were closed in the 1920s.

The circular Great Flat Lode trail takes you on a tour of the mining area following part of the Basset Mine Tramway built to carry tin and ore from the mines for processing at the Wheal Basset Stamps. Also visible en route are the remains of Cornwall's last remaining tin smelter situated near Carnkie, and the monument at Carn Brea.

