



The Terrace

Bistro dining at Gwelan Mor

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Open 7 days a week. Food served from 12pm - 2pm.
Bar open 11.00am till late. Take away dishes also available, please see our separate Take Away menu.

Our Chefs are passionate about using as much of the finest locally sourced and sustainable produce they can in our dishes, from milk and vegetables to fish and meat.

Lunch

Cornish Soup of the Day **£5.95**
Toasted focaccia & Cornish butter

Davidstow Cheddar Sandwich **£6.25**
On farmhouse bread

Pressed Ham Hock & Davidstow
Cheddar Ploughmans **£8.95**
With Piccalilli

Baked Cornish Camembert **£8.95**
Tomato chutney and toasted focaccia

Chicken Caesar Salad **£11.95**
Cos lettuce, Caesar dressing, croutons and
Parmesan shavings, *with or without anchovies*

Hand-picked Cornish Crab Sandwich **£11.95**
On farmhouse bread with lemon mayonnaise

The Terrace Handmade 8oz Beef Burger **£12.50**
Fries, brioche bun, cos lettuce, mayonnaise and side salad
Add West Country bacon **£1.00**
Add Davidstow Cheddar or Cornish Blue **£1.00**

Pappardelle Pasta **£12.95**
With sautéed chicken, chorizo, rocket and pesto

Salt Baked Beetroot Salad **£9.95**
Halloumi, crispy kale and radishes

Fish and Chips **£12.95**
Hand cut chips, pea puree & homemade tartare sauce

Specials Board

2 courses for **£12.95**
3 courses for **£17.95**
and our choice of
locally caught fish

Sides

Fries **£3.50**

Garlic Bread **£3.50**
add cheese **£1.00**

Seasonal
Vegetables **£3.95**

House Salad **£3.95**

Desserts

Lemon Posset **£6.95**

Crema Catalana **£5.95**

Sticky Toffee Pudding **£6.50**

See our separate
children's menu

V Vegetarian

There is a possibility of nut traces in all our dishes. If you require any information on the allergens in any of our dishes, please ask a member of staff who will be able to assist you with your choice. Gluten free options available, please ask a member of staff.

Drinks

Soft Drinks

Frobishers Orange, Pineapple, Cranberry Juice 250ml	£3.00
Healey's Apple Juice 250ml	£3.00
J20 Apple & Mango, Apple & Raspberry, Orange & Passionfruit 275ml	£3.00
Healey's Elderflower Presse 250ml	£3.00
Ginger Beer 250ml	£3.00
Appetizer 275ml	£3.00
Coastal Spring Water Still, Sparkling 250ml	£1.90
750ml	£3.40
Fevertree Tonic, Slimline, Sicilian Lemon, Mediterranean 200ml	£3.00
Pepsi Max / Lemonade	£2.00/£3.00

Children's Drinks

Orange / Apple Juice	£1.20
Blackcurrant, Orange, Lime Cordial	£1.20
Milk	£1.20
Babycino	£1.20
Hot Chocolate/Deluxe	£2.00/£2.50

House Spirits

Gordon's Gin 25ml	£3.20
Smirnoff Vodka 25ml	£3.20
Famous Grouse Whiskey 25ml	£3.20
Bacardi 25ml	£3.20

Cocktails

Espresso Martini	Glass	£8.95
Kir Royale	Glass	£8.95
Strawberry Daiquiri	Glass	£8.95
Pina Colada	Glass	£8.95
	Pitcher	£15.00
Classic Mojito	Glass	£8.95
	Pitcher	£15.00

Bottled & Draught Lager, Beer & Ale

Bottled & Draught Lager, Beer & Ale	
Corona 330ml	£4.00
Peroni 330ml	£4.00
Desperados 330ml	£4.50
San Miguel Zero (alcohol free) 330ml	£4.00
Guinness Surger 520ml	£4.50
Carlsberg ½ Pint/1 Pint	£2.50/£4.70

Cornish

Korev ½ Pint/1 Pint	£2.50/£4.70
Healey's Cider ½ Pint/1 Pint	£2.50/£4.70
Tribute ½ Pint/1 Pint	£2.50/£4.70
Proper Job 500ml	£4.50
Big Job 500ml	£5.50
Rattler Strawberry & Lime, Berry 500ml	£4.80
Tarquin's Gin 25ml	£4.00
Aval Dor Vodka 25ml	£4.00

Hot Drinks

Americano	£3.10
Cappuccino	£3.10
Latte	£3.10
Flat White	£3.10
Macchiato	£3.10
Espresso / Double Espresso	£2.50/£3.10
Hot Chocolate / Deluxe	£3.10/£4.00
Pot of Tea	£2.80
Herbal Teas	£2.80